

***Amendments to the Claims***

The listing of claims will replace all prior versions, and listings of claims in the application.

1. (cancelled).
2. (currently amended) The shoe sole according to claim ~~[[1]]~~35, wherein ~~said fluid is~~ said container encloses air.
3. (currently amended) The shoe sole according to claim ~~[[1]]~~35, wherein ~~said fluid is~~ said container encloses nitrogen.
4. (currently amended) The shoe sole according to claim ~~[[1]]~~35, wherein ~~said fluid is~~ said container encloses a gel.
5. (currently amended) The shoe sole according to claim ~~[[1]]~~35, wherein ~~said fluid a~~ pressure within said container is at atmospheric pressure.
6. (currently amended) The ~~show~~ shoe sole according to claim ~~[[1]]~~35, wherein ~~said fluid~~ is at a pressure that a pressure within said container is greater than atmospheric pressure.
7. (currently amended) The shoe sole according to claim ~~[[1]]~~35, wherein said ~~hollow~~ container is disposed in at least one of a forefoot portion and a heel portion of said sole.

8. (currently amended) The shoe sole according to claim ~~[[1]]~~35, wherein said ~~hollow~~ container includes a top component and a bottom component.

9. (currently amended) The shoe sole according to claim 8 wherein said top component comprises ~~an outer wall and a flat portion~~ said first wall and said sidewall.

10. (cancelled).

11. (original) The shoe sole according to claim 8, wherein said top component and said bottom component are formed as a unitary structure.

12. (currently amended) The shoe sole according to claim 8, wherein said ~~top component~~ sidewall forms an exterior wall of said sole.

13.-23. (cancelled).

24. (currently amended) ~~[[A]]~~The shoe sole according to claim ~~[[21]]~~35, wherein said foam core comprises a first piece of foam having a first density and a second piece of foam having a second density.

25. (currently amended) A shoe sole comprising:

\_\_\_\_\_ a hollow container made of a fluid-impermeable material, said container defining an enclosed space;

\_\_\_\_\_ a core disposed within said enclosed space including a first piece of foam having

a first density and a second piece of foam having a second density; and

~~\_\_\_\_\_A shoe sole according to claim 24, a fluid system disposed within said container,~~

wherein said fluid system ~~comprises~~ further comprises:

a first compartment formed within said first piece of foam;

a second compartment formed within said second piece of foam;

a fluid conduit that fluidly connects said first compartment and said second compartment; and

a fluid disposed within said fluid system, wherein pressure applied to said container causes said fluid to flow within said fluid system.

26. (currently amended) ~~[[A]]~~The shoe sole according to claim 25, wherein said fluid system further includes multiple compartments in said first piece of foam in fluid communication with one another.

27. (currently amended) ~~[[A]]~~The shoe sole according to claim 25, wherein said fluid system further includes multiple compartments in said second piece of foam in fluid communication with one another.

28. (cancelled).

29. (currently amended) The article of footwear according to claim ~~[[28]]~~39, wherein said hollow container includes a top component, a bottom component, and ~~sidewalls~~a sidewall extending from a around a perimeter of said top component to around a perimeter of said bottom component.

30. (currently amended) The article of footwear according to claim 29, wherein said ~~sidewalls are ridged~~ sidewall includes a plurality of ridges.

31.-34. (cancelled).

35. (currently amended) A shoe sole, comprising:

a ~~hollow~~ container made of a gasfluid-impermeable material, said container having a first wall having a first perimeter, a second wall having a second perimeter and a sidewall extending from around said first perimeter to around said second perimeter defining an enclosed space, wherein said sidewall includes a plurality of ridges; and

a foam core disposed within said enclosed space;

~~a fluid system disposed within said foam core, said fluid system including multiple compartments in fluid communication with one another; and~~

~~— a fluid disposed within said fluid system, whereby pressure applied to said container causes said fluid to flow within said fluid system.~~

36. (new) The shoe sole of claim 35, wherein said foam core and said container jointly define multiple compartments fluidly connected to one another via at least one fluid channel.

37. (new) The shoe sole of claim 36 wherein said at least one channel is jointly defined by said container and said foam core.

38. (new) The shoe sole of claim 37 wherein said compartments have a first depth measured from a surface of said foam core and said at least one channel has a second depth measured from said surface of said foam core, wherein said first depth is greater than said second depth.

39. (new) An article of footwear, comprising:

an upper;

a sole attached to said upper;

a cushioning device positioned within said sole including a foam core disposed within a fluid-impermeable container, said container and said foam core jointly defining a plurality of compartments and at least one channel fluidly connecting said plurality of compartments.

40. (new) The article of footwear of claim 39, wherein said compartments have a first depth measured from a surface of said foam core and said at least one channel has a second depth measured from said surface of said foam core, wherein said first depth is greater than said second depth.

41. (new) The article of footwear of claim 29, wherein at least a portion of said sidewall forms an exterior of said shoe sole.

42. (new) The article of footwear of claim 35, wherein said foam core comprises a single piece of foam.